

Registration Form 2017

The Nittany Valley Running Club Rodney Myers Memorial Run Around Egg Hill 10-miler and Relay Race

Date: Sunday, April 9, 2017

Time: Race starts at 2:30 p.m.. Race day registration 1:00-2:00 p.m.. Kid's race at around 5-5:30 p.m.

Location: Spring Mills, Pennsylvania. Located along Rt. 45 approximately 20 miles east of State College. Race begins and ends at the Gregg Township Elementary School. Follow orange signs from Rt. 45. Route follows country roads around the mountain known as Egg Hill. Relay legs are 3.0, 5.0, and 2.0 miles in length. Limited concessions and restrooms are available.

Race beneficiary: 100% of race proceeds will benefit the Penns Valley Area School District track and cross country.

Categories and prizes-

Solo run: Male and female divisions in ages 19 and under, 20-29, 30-39, 40-49, 50-59, and 60+.

Medley relay (2 or 3 runners): Male, female, mixed, and family divisions.

Family- This category is for those running families who would like to compete together. Teams may consist of 2 or 3 runners and be reasonably closely related, ie. siblings, parents, grandparents, aunts, uncles, or first cousins. Let's not have any ringers who claim to be a "third cousin twice removed". That's what the other categories are for and there is no separation of male, female or mixed in this category.

Prizes: A race tee-shirt is guaranteed for all preregistered runners (does not include kids' race), as well as for volunteers. Additional shirts may be available for late and race day registrants, and limited numbers may be for sale if there are extras. There will be trophies for the overall male and female solo winners, and trophies for first place solo age category winners and the overall relay category winners (with a trophy for each team member). There will be medals/ribbons for second and third place finishers in each category. This includes individual medals/ribbons for team runners. A mountain bike will be donated by The Bicycle Shop and will be given away on race.

Kids' Race: There will be kids' races in the area of the school for children under the age of 12. These will be held at around 5-5:30 and lengths will be 400 meters for ages 7 and under, 400 meters for ages 8 and 9, and 800 meters for ages 10 and 11.

Registration fees:

10-mile solo runners: Preregistration until March 20th is \$30. Late registration or at the race is \$35.

Relay teams: 2 person team fees will be \$40 until March 20th and \$45 for late/race day registration. 3 person team fees will be \$50 until March 20th and \$55 for late/race day registration. .

Kids' race: No preregistration required. Fee will be \$4 for kids race.

Checks may be made out to The Nittany Valley Running Club. NVRC members receive a \$1 discount. For information about joining, see <http://www.nvrun.com/index.php/club/membership>

**PLEASE MAIL THE REGISTRATION FORM BELOW ALONG WITH YOUR
PAYMENT TO THE ADDRESS LISTED. IF REGISTERING AS A TEAM, PLEASE
REMIT PAYMENT FOR ENTIRE TEAM (2 OR 3 MEMBERS) ON
FORM ALONG WITH TEAM NAME AND CATEGORY**

SOLO RUNNER

Name: _____

Address: _____

Phone: _____

E-mail (optional): _____

Age on race day: _____

Male or female?: _____

Please circle Shirt Size

S M L XL

Individual

_____ \$30 Until 3/20

_____ \$35 3/21 - race day

[Waiver](http://keleitzel.com/egghill-waiver.pdf) (print out, sign, and include with registration)
At <http://keleitzel.com/egghill-waiver.pdf>

Signature of entrant _____

Parent signature (if entrant is under 18)

_____ Date _____

Disclaimer: I understand that a 10 mile road race and Kid's Races are potentially dangerous, and hereby attest and affirm that I am sufficiently conditioned for this event. I will not hold the organizers of the NVRC Rodney Myers Memorial Run Around Egg Hill 10-miler and Relay Race, the Nittany Valley Running Club, Penns Valley Area School District, or any named and unnamed sponsors or any individuals responsible for any injury or damage that may occur while attending or participating in this event.

RELAY TEAM

TEAM Name: _____

Team Contact Address: _____

Team Contact Phone: _____

E-mail (optional): _____

Category: Male _____

Female _____

Mixed _____

Family _____

2-Person Team

_____ \$40 Team Until 3/20

_____ \$45 Team 3/21 - race day

3-Person Team

_____ \$50 Team Until 3/20

_____ \$55 Team 3/21 - race day

Names of team member(s) AND THEIR SHIRT SIZES

_____ **S, M, L, XL**

_____ **S, M, L, XL**

_____ **S, M, L, XL**

Make check payable to: Nittany Valley Running Club (NVRC)

Mail to: Jodi Butler
P.O. Box 250
Spring Mills, PA 16875

Questions? E-mail Scott or Jodi at
rodneymysegghill@gmail.com or call
814-880-5104.